

We Can't Dose You if We Don't Test You

Hormone Test Panels and Blood Tests

You may be able to save yourself an office visit!

Do You Need Blood Tests?

The concept of Bioidentical hormone therapy has become so accepted that I have designed a way for you to evaluate your hormone levels, using the **Hormone Test Panel Questionnaire (HTPQ)**. It has been enormously popular. It was designed for you to monitor how you are feeling, hormonally. It was not designed as a 'stand alone test' on which we can base your treatment.

We have received numerous telephone calls and letters to the office and emails to this site requesting blood tests to confirm the results of the **HTPQ** or for me to make adjustments to your hormone therapy based the **HTPQ** results. It is not that simple. Many of these requests have been made after completing the hormone test panels just one time. One set of **HTPQ** results does not give enough information to be helpful. I must review at least 3 sets of **HTPQ** results. This is especially true if you are perimenopausal. I will not make hormone dose changes without reviewing your medical records!

Now we can use your HTPQ results to generate a "Laboratory Order" for you to have your blood drawn to test your hormone levels.

(A user identification and password are required to enter the "Purchase Laboratory Order" area of the web site. This information is easily obtained by contacting the Mid Kansas Women's Center at <http://www.mkwc.net> and asking for the "Purchase Laboratory Order" user identification and password. This added level of security has been added to ward off internet "Spammers". We are sorry for any inconvenience this may cause.)

How will this help you?

- You will not need an office appointment to see me for blood tests to be ordered!
 - No waiting for many weeks and hoping for a cancellation so you can be evaluated!
 - No time away from your work or having to hire a baby sitter to be evaluated!

- We will be better able to focus on ordering the tests that you need rather than ordering some tests that may not be very helpful. The HTPQ results will guide us!
- The only time that will be required (away from your work or home) is the time it will take to come to the office to have your blood drawn.
- How will this work?
 - You will always have free access to the Hormone Test Panels for your personal use.
 - If you want me to evaluate your Hormone Test Panel Scores to order serum (blood) tests to measure your hormone levels go to the home page and click on “Purchase Laboratory Order”.
 - You will receive detailed instructions on how to complete the Hormone Test Panels and forward the results to me.
 - Once I receive your information, I will send you an order for the laboratory studies you need to have drawn, so we can knowledgeably change your hormone dosing, if necessary.
- Your insurance will not be filed for the cost of purchasing the order
- Your insurance will be filed for the laboratory studies
- If you are a MKWC patient but live out of town or your insurance requires a referral, you may have your laboratory levels drawn where it is convenient for you or where you’re insurance mandates.
 - You will need to request that a copy of the results be sent to me for my review.
- **If you are not a Mid Kansas Women’s Center patient**, you may have your laboratory levels drawn at your provider’s office and they will need to interpret the serum (blood) values for you.

If you are not familiar with the hormone test panels, please proceed to the home page and select the tab “Hormone Test Panels” and read the introduction that explains how they work.

It is my sincere hope that by offering you this service, I will be helping you to be the best you chose to be and doing it as inexpensively and quickly as I can!

Arlene